

We Only Live Once ALC & Rocky

Choreographer: Anna Korsgaard & Kirsthen Hansen, (DK) Nov. 2014

Count: 32 / **Wall:** 4 / **Level:** Absolute Beginner

Music: We Only Live Once – Shannon Noll

Intro: 32 Count from Vocals - No Tags! No Restarts!

S:1 Walk Forward, Kick Ball Change, Pivot ½ Turn , Shuffle Forward

1 – 2 Walk forward Right, Left.

3 & 4 Kick Right forward, step ball of Right beside left, step Left beside Right.

5 – 6 Step forward Right, Pivot ½ turn Left

7 & 8 Step Right forward, step Left close to Right, step Right forward.

S:2 Walk Forward, Kick Ball Change, Pivot ½ Turn , Shuffle Forward

1 – 2 Walk forward Left, Right.

3 & 4 Kick Left forward, step ball of Left beside Right, step Right beside Left.

5 – 6 Step forward Left, Pivot ½ Right

7 & 8 Step Left forward, step Right close to Left, step Left forward.

S:3 Cross Rock, Chassé, Cross Rock Chassé ¼ Turn

1 - 2 Cross rock Right over Left, recover on Left.

3 & 4 Step Right to Right side, step Left beside Right, step Right to Right side.

5 - 6 Cross rock Left over Right, recover on Right.

7 & 8 Step Left to Left side, step Right beside Left, Make ¼ turn Left stepping forward on Left.

S:4 Cross Rock, Chassé, Cross Rock Chassé

1 - 2 Cross rock Right over Left, recover on Left.

3 & 4 Step Right to Right side, step Left beside Right, step Right to Right side.

5 - 6 Cross rock Left over Right, recover on Right.

7 & 8 Step Left to Left side, step Right beside Left, step Left to Left side.

Repeat

Enjoy and have fun it makes you happy.

Contacts: Email: aklinedance@gmail.com - Email: Kirsthen@ofir.dk